2023

See more of 'What's on the Horizon' by visiting our blog:

www.horizonschool.ca

Read through to the end to see all the fun we had:

- ★ 5 and 10 pin bowling as part of PE
- ★ Providing leadership for Olds Elementary students
- ★ Going for work experience at the Olds College Greenhouse
- ★ Learning how to take selfies (Mr. Chris is working on it!)
- ★ Experimenting in science with growing crystals
- ★ Enjoying the sunshine with lots of outdoor activities!
- ★ The score of a very tight bowling game :)

We are working diligently to make the most of these final two months of school! All of our students are enjoying more opportunities to get outside, while they also remain focused on keeping engaged in their learning right until the end of the school year. We hope that everyone is enjoying the warmer weather.

A special message to all of the moms out there:

We appreciate you and hope that you have a lovely Mother's Day!

#### UPCOMING EVENTS

Olds College Broncos summer sports camps

May 29th No School

June 9th Horizon Grad

#### Parent Council and Parent Society

Horizon Parent Society would like to extend a most sincere THANK YOU to Grammie's Nooks & Crammies in Olds. After a recent donation, their contribution to the school totals over \$3000. This money goes directly towards specialized programming for Horizon students

Final Meeting: June 14th 7pm Google Meet Link Here



Horizon School 5501-53 Street Olds, AB 403-556-6310 horizonschool.ca

School News

#### Let's hear it for ...Link



Link has been an honourary 'Titan', wonderfully representing Horizon School over at Ecole Deer Meadow School this year. Junior High optional courses help students in gaining the knowledge and skills needed to form the foundations for successful and fulfilling lives, and to make meaningful contributions to their communities and the world.

Horizon and Deer Meadow work together to provide a wider range of optional courses for our students. Thank you for representing us well, Link.







Superintendent's Message

### **Division News**

... for parents and guardians

May 2023



#### Family School Wellness program - support for students

A message from Superintendent Kurt Sacher



CESD Family School Wellness team

During the 2022/23 school year there have been more than 11,000 individual sessions with students and a Chinook's Edge Family School Wellness (FSW) Worker. That's about 10% more than last year, and this year is not yet complete.

Coming out of the pandemic, school divisions all over the country are seeing an impact on students who are experiencing challenges with social and emotional wellness, including difficulty adjusting to the pace of learning, and difficulty with social connection.

Chinook's Edge is serious about responding to this challenge. One layer of the <u>many supports we offer</u> is the Family School Wellness program.

#### What is a family school wellness worker?

- Chinook's Edge employs 25 Family School Wellness (FSW) workers.
- FSW workers have expertise and qualifications in youth wellness
- While all of our Chinook's Edge staff are charged with helping students holistically -FSW workers have a unique opportunity to support your child one-on-one focused on their social and emotional needs.

#### What students see FSW workers?

- The top 3 reasons Chinook's Edge students were referred to FSW last year:
  - Emotional regulation experiencing anxiety, sadness, and /or anger
  - Relationship challenges with peers at school / school conflict
  - Family relationship challenges
- The criteria for a student to see FSW is that their challenge is impacting them at school

#### How does a student get referred to FSW?

- Students are referred to FSW through a teacher, a principal, or their parents. Students can self refer.
- Every student can access one single session and a follow up session without parental consent. After the single and follow up session, FSW requires parental consent.
- With parental consent, the FSW provides short term support where students have access to about 6 to 8 sessions as needed.

#### What happens in a session with FSW?

- The FSW works one-on-one with a student to resolve mild to moderate social / emotional needs impacting them at school. (Students with severe needs are referred to other professionals).
- If there is more than one session required, FSW workers reach out to families not only for consent, but in order to work together with the family to support the needs of their students.

In surveys after sessions, participants tell us the program is making a significant difference for them. School based administrators and other staff also see the positive impact. I would like to express my gratitude to our Family School Wellness Workers for the dedicated work they are doing, and the difference they make for so many students. As a parent, if you'd like your child to access the FSW program, please contact your child's school.

Kurt Sacher

To read the latest version of the Board e-News, please click here,

cesd73.ca

Photos















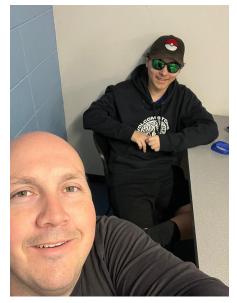




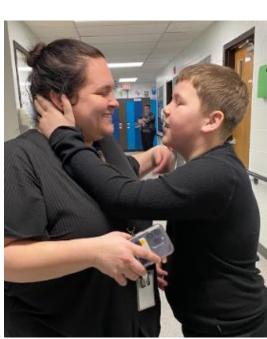










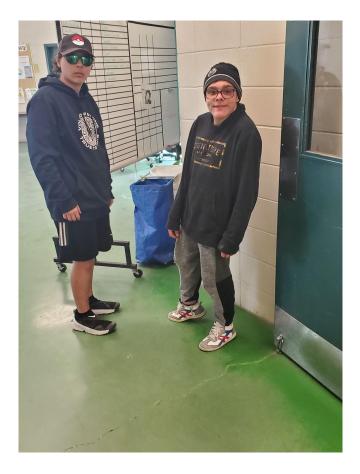


















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